

April  
2024



# HANOVER AREA SCHOOL DISTRICT PRE-K LUNCH MENU



### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

**Weekly Vegetable Subgroups May Include:**

**Dark green** - spinach, broccoli, romaine and spring salad

**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers

**Beans/Peas**

**Starchy** - white potatoes, corn, and lima beans

**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges



### Lunch Prices

Student \$0.00

Adult \$4.73

**\*MENU SUBJECT TO CHANGE\***

### General Manager

Katlyn Kirkpatrick

### Assistant Manager

Tom Krulack

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USDA is an equal opportunity provider and employer

## Monday

1

**NO SCHOOL**

SPRING  
BREAK

## Tuesday

2

Chicken Nuggets  
with Dinner Roll

### Featured Veggies:

Seasoned Peas  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

## Wednesday

3

Whole Grain Pasta  
with Meat Sauce

### Featured Veggies:

Italian Vegetable Blend  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

## Thursday

4

Mini Corn Dog  
Nuggets

### Featured Veggies:

Mixed Vegetable  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

## Pizza Friday!

5

Personal  
Cheese Pizza

### Featured Veggies:

Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

8

Cheeseburger on  
a Bun

### Featured Veggies:

California Veggie Blend  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

9

Chicken Fries  
Dinner Roll

### Featured Veggies:

Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

10

Pancakes & Sausage  
Served with Syrup

### Featured Veggies:

Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

11

Meatball  
Hoagie

### Featured Veggies:

Seasoned Peas  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

12

Cheese Stuffed Breadstick  
with Marinara Sauce

### Featured Veggies:

Sliced Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

15

Chicken Patty  
on a Roll

### Featured Veggies:

Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

16

Walking  
Taco

### Featured Veggies:

Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

17

Hot Dog  
on a Roll

### Featured Veggies:

Baked Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

18

Macaroni  
& Cheese

### Featured Veggies:

Mixed Vegetables  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

19

Cheese  
Pizza

### Featured Veggies:

Sliced Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

22

Sloppy Joe  
on a Roll

### Featured Veggies:

California Veggie Blend  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

23

Popcorn Chicken  
with a Dinner Roll

### Featured Veggies:

Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

24

French Toast Sticks  
with Sausage & Syrup

### Featured Veggies:

Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

25

Cheeseburger  
on a Roll

### Featured Veggies:

Italian Vegetable Blend  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

26

French Bread  
Pizza

### Featured Veggies:

Sliced Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

29

Chicken Patty  
on a Bun

### Featured Veggies:

Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

30

BBQ Rib  
Sandwich

### Featured Veggies:

Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

1

Salisbury Steak with  
Gravy & Dinner Roll

### Featured Veggies:

Italian Vegetable Blend  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

2

Penne Pasta with  
Alfredo Sauce

### Featured Veggies:

Mixed Vegetable  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

3

**NO SCHOOL**

IN - SERVICE  
DAY