



May 2023



# HANOVER AREA SCHOOL DISTRICT MEMORIAL & LYNDWOOD BREAKFAST



### What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

**Minimum of 1/2 cup serving of fruit must accompany a reimbursable breakfast**  
Choice of: Grain or grain/protein and Fruit

### MILK

Choice of 1% White Milk or Fat Free Flavored Milk

### Daily Fruit Selection May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Plums, Strawberries, Applesauce, Pineapple Tidbits, Mandarin Oranges, Diced Pears, Diced Peaches, & Mixed Fruit Cocktail

**Offered Daily:**  
Assorted Muffins

Assorted Breakfast Breads

Assorted Cereal Bars

Assorted Cereal



### Lunch Prices

Student \$0.00

Adult \$1.94

**\*MENU SUBJECT TO CHANGE\***

### General Manager

David A. Feller

### Assistant Manager

Ryan Shissler

### Phone Number

570-825-5588

### Email

[ma1108@metzcorp.com](mailto:ma1108@metzcorp.com)

USDA is an equal opportunity provider and employer

## Monday

1

Pillsbury  
Apple Frudel  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

## Tuesday

2

Blueberry  
Muffin  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

## Wednesday

3

Mini  
Maple Waffles  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

## Thursday

4

Cinnamon Toast  
Crunch Bread  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

## Friday

5

**NO SCHOOL**  
*IN SERVICE DAY*

8

Pancake & Sausage  
on a stick  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

9

French  
Toast Sticks  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

10

Pizza  
Bagel  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

11

Mini Bagel  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

12

Apple Cinnamon  
Muffin  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

15

WG Bagel  
w/ Cream Cheese  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

16

Pillsbury  
Apple Frudel  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

17

Mini  
Maple Waffles  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

18

Mini  
French Toast  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

19

Blueberry  
Waffles  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

22

Pancake & Sausage  
on a stick  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

23

French  
Toast Sticks  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

24

Pizza  
Bagel  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

25

Mini Bagel  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

26

Apple Cinnamon  
Muffin  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

29

**NO SCHOOL**  
*Happy Memorial Day*

30

Pillsbury  
Apple Frudel  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

31

Blueberry  
Muffin  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

1

Mini  
Maple Waffles  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk

2

Cinnamon Toast  
Crunch Bread  
(OR)  
Assorted Grab & Go Items

Assorted Fruits  
Assorted 100% Fruit Juice  
Choice of Milk