

MAY/JUNE



2022

HANOVER AREA SCHOOL DISTRICT ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Featured Fruit May include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.**

Fresh Deli Sandwich of the week



**Craveable
PB & J Uncrustable
Goldfish Cracker
Mozzarella Cheese Stick**

Lunch Prices
Student \$0.00
Reduced \$.00
Adult \$3.86

General Manager
Tracy Drank
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Ryan Shissler
Assistant Manager

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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Pizza Friday!
2 Breaded Chicken Sticks w/ Dinner Roll or Italian Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetable Choice of Fruit Choice of Milk	3 BBQ Rib Sandwich On a Bun or Italian Hoagie Featured Veggies: Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	4 Cheeseburger on a Bun or Italian Hoagie Featured Veggies: Green Beans Fresh Vegetable Choice of Fruit Choice of Milk	5 Cheese Pizza or Italian Hoagie Featured Veggies: Steamed Broccoli Fresh Vegetable Choice of Fruit Choice of Milk	6 NO SCHOOL
9 Breaded Chicken Nuggets Dinner Roll or Ham & Cheese Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetable Choice of Fruit Choice of Milk	10 Italian Dunkers Marinara Dipping Sauce or Ham & Cheese Hoagie Featured Veggies: Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	11 Chicken Patty on a Bun or Ham & Cheese Hoagie Featured Veggies: Steamed Peas Fresh Vegetable Choice of Fruit Choice of Milk	12 Corn Dog Nuggets or Ham & Cheese Hoagie Featured Veggies: Steamed Green Beans Fresh Vegetable Choice of Fruit Choice of Milk	13 Cheese Pizza or Ham & Cheese Hoagie Featured Veggies: Steamed Carrots Fresh Vegetable Choice of Fruit Choice of Milk
16 Chicken Tenders Dinner Roll or Turkey & Cheese Hoagie Featured Veggies: Steamed Green Beans Fresh Vegetable Choice of Fruit Choice of Milk	17 Cheeseburger on a Bun or Turkey & Cheese Hoagie Featured Veggies: Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	18 Cheese Ravioli Marinara Sauce or Turkey & Cheese Hoagie Featured Veggies: Mixed Vegetable Fresh Vegetable Choice of Fruit Choice of Milk	19 Chicken Patty on a Bun or Turkey & Cheese Hoagie Featured Veggies: Steamed Peas Fresh Vegetable Choice of Fruit Choice of Milk	20 Pizza Quesadilla or Turkey & Cheese Hoagie Featured Veggies: Steamed Broccoli Fresh Vegetable Choice of Fruit Choice of Milk
23 Breaded Chicken Nuggets Dinner Roll or Italian Hoagie Featured Veggies: Steamed Carrots Fresh Vegetable Choice of Fruit Choice of Milk	24 Hot Ham & Cheese On Hamburger Bun or Italian Hoagie Featured Veggies: Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	25 Chicken Patty on a Bun or Italian Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetable Choice of Fruit Choice of Milk	26 Popcorn Chicken Dinner Roll or Italian Hoagie Featured Veggies: Steamed Peas Fresh Vegetable Choice of Fruit Choice of Milk	27 <i>1/2 Day</i> Hot Dog on a Bun Cheeseburger Watermelon Bagged Snack Featured Veggies: Baked Beans Fresh Vegetable Choice of Fruit Choice of Milk
30 NO SCHOOL MEMORIAL DAY	31 BBQ Rib Sandwich On a Bun or Italian Hoagie Featured Veggies: Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	1 <i>1/2 Day</i> Chicken Tenders Dinner Roll or Uncrustable Cravable Goldfish Crackers & Cheese Stick Featured Veggies: Mixed Vegetables Fresh Vegetable Choice of Fruit Choice of Milk	2 <i>1/2 Day</i> Italian Dunkers Marinara Dipping Sauce or Uncrustable Cravable Goldfish Crackers & Cheese Stick Featured Veggies: Steamed Green Beans Fresh Vegetable Choice of Fruit Choice of Milk	3 <i>1/2 Day</i> Cheese Pizza or Uncrustable Cravable Goldfish Crackers & Cheese Stick Featured Veggies: Steamed Carrots Fresh Vegetable Choice of Fruit Choice of Milk