

MAY/JUNE



2022

# HANOVER AREA SCHOOL DISTRICT ELEMENTARY LUNCH MENU

**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**

**Dark green** - spinach, broccoli, romaine and spring salad

**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers

**Beans/Peas**  
**Starchy** - white potatoes, corn, and lima beans

**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Featured Fruit May include:**  
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!  
DAILY ALTERNATES.**

**Fresh Deli Sandwich of the week**



**Craveable  
PB & J Uncrustable  
Goldfish Cracker  
Mozzarella Cheese Stick**

Lunch Prices  
Student \$0.00  
Reduced \$.00  
Adult \$3.86

**General Manager**  
Tracy Drank  
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Ryan Shissler  
**Assistant Manager**

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Monday	Tuesday	Wednesday	Thursday	Pizza Friday!
<b>2</b> Breaded Chicken Sticks w/ Dinner Roll or Italian Hoagie <b>Featured Veggies:</b> Mixed Vegetables Fresh Vegetable Choice of Fruit Choice of Milk	<b>3</b> BBQ Rib Sandwich On a Bun or Italian Hoagie <b>Featured Veggies:</b> Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	<b>4</b> Cheeseburger on a Bun or Italian Hoagie <b>Featured Veggies:</b> Green Beans Fresh Vegetable Choice of Fruit Choice of Milk	<b>5</b> Cheese Pizza or Italian Hoagie <b>Featured Veggies:</b> Steamed Broccoli Fresh Vegetable Choice of Fruit Choice of Milk	<b>6</b> NO SCHOOL
<b>9</b> Breaded Chicken Nuggets Dinner Roll or Ham & Cheese Hoagie <b>Featured Veggies:</b> Mixed Vegetables Fresh Vegetable Choice of Fruit Choice of Milk	<b>10</b> Italian Dunkers Marinara Dipping Sauce or Ham & Cheese Hoagie <b>Featured Veggies:</b> Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	<b>11</b> Chicken Patty on a Bun or Ham & Cheese Hoagie <b>Featured Veggies:</b> Steamed Peas Fresh Vegetable Choice of Fruit Choice of Milk	<b>12</b> Corn Dog Nuggets or Ham & Cheese Hoagie <b>Featured Veggies:</b> Steamed Green Beans Fresh Vegetable Choice of Fruit Choice of Milk	<b>13</b> Cheese Pizza or Ham & Cheese Hoagie <b>Featured Veggies:</b> Steamed Carrots Fresh Vegetable Choice of Fruit Choice of Milk
<b>16</b> Chicken Tenders Dinner Roll or Turkey & Cheese Hoagie <b>Featured Veggies:</b> Steamed Green Beans Fresh Vegetable Choice of Fruit Choice of Milk	<b>17</b> Cheeseburger on a Bun or Turkey & Cheese Hoagie <b>Featured Veggies:</b> Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	<b>18</b> Cheese Ravioli Marinara Sauce or Turkey & Cheese Hoagie <b>Featured Veggies:</b> Mixed Vegetable Fresh Vegetable Choice of Fruit Choice of Milk	<b>19</b> Chicken Patty on a Bun or Turkey & Cheese Hoagie <b>Featured Veggies:</b> Steamed Peas Fresh Vegetable Choice of Fruit Choice of Milk	<b>20</b> Pizza Quesadilla or Turkey & Cheese Hoagie <b>Featured Veggies:</b> Steamed Broccoli Fresh Vegetable Choice of Fruit Choice of Milk
<b>23</b> Breaded Chicken Nuggets Dinner Roll or Italian Hoagie <b>Featured Veggies:</b> Steamed Carrots Fresh Vegetable Choice of Fruit Choice of Milk	<b>24</b> Hot Ham & Cheese On Hamburger Bun or Italian Hoagie <b>Featured Veggies:</b> Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	<b>25</b> <b>Fun Day Cookout</b> Hot Dog on a Bun Cheeseburger Watermelon Bagged Snack <b>Featured Veggies:</b> Baked Beans Fresh Vegetable Choice of Fruit Choice of Milk	<b>26</b> Popcorn Chicken Dinner Roll or Italian Hoagie <b>Featured Veggies:</b> Steamed Peas Fresh Vegetable Choice of Fruit Choice of Milk	<b>27</b> <b>1/2 Day</b> Cheese Pizza <b>Featured Veggies:</b> Steamed Green Beans Fresh Vegetable Choice of Fruit Choice of Milk
<b>30</b> NO SCHOOL MEMORIAL DAY	<b>31</b> BBQ Rib Sandwich On a Bun or Italian Hoagie <b>Featured Veggies:</b> Steamed Corn Fresh Vegetable Choice of Fruit Choice of Milk	<b>1</b> <b>1/2 Day</b> Chicken Tenders Dinner Roll or Uncrustable Cravable Goldfish Crackers & Cheese Stick <b>Featured Veggies:</b> Mixed Vegetables Fresh Vegetable Choice of Fruit Choice of Milk	<b>2</b> <b>1/2 Day</b> Italian Dunkers Marinara Dipping Sauce or Uncrustable Cravable Goldfish Crackers & Cheese Stick <b>Featured Veggies:</b> Steamed Green Beans Fresh Vegetable Choice of Fruit Choice of Milk	<b>3</b> <b>1/2 Day</b> Cheese Pizza or Uncrustable Cravable Goldfish Crackers & Cheese Stick <b>Featured Veggies:</b> Steamed Carrots Fresh Vegetable Choice of Fruit Choice of Milk