



**Meet Your Nutritious Friend:
Radical Radish**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>3</p> <p>Strawberry Oatmeal Breakfast Bar</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>4</p> <p>Whole Grain Banana Bread Loaf Served with Mixed Berry Animal Crackers</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>5</p> <p>Whole Grain Chocolate Donut</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>6</p> <p>Strawberry Pop Tart Served with Strawberry Gogurt</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>7</p> <p>Mini Blueberry Waffles</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, & chocolate,</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>
<p>10</p> <p>Cinnamon Toast Crunch Mini French Toast</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>11</p> <p>Whole Grain Strawberry Pancakes</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>12</p> <p>Blueberry NutriGrain Bar Served with Strawberry Gogurt</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>13</p> <p>Whole Grain Blueberry Bread Slice</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>14</p> <p>Whole Grain Apple Donut Holes</p> <p>Fresh Fruit & 100% Fruit Juice</p>	
<p>17</p> <p>Whole Grain Apple Cinnamon Muffin Served with Whole Grain Blueberry Lemon Crispy Grahams</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>18</p> <p>Whole Grain Donut Sticks</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>19</p> <p>Mini Confetti Pancakes</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>20</p> <p>Mini Chocolate Chip French Toast</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>21</p> <p>Whole Grain Cinnamon Sticks Served with Strawberry Gogurt</p> <p>Fresh Fruit & 100% Fruit Juice</p>	
<p>24</p> <p>Chocolate Chip Oatmeal Breakfast Bar</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>25</p> <p>Mini Chocolate Chip French Toast</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>26</p> <p>Whole Grain Blueberry Muffin</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>27</p> <p>Whole Grain Cinnamon Waffles</p> <p>Fresh Fruit & 100% Fruit Juice</p>	<p>28</p> <p>Whole Grain Banana Muffin Served with Strawberry Gogurt</p> <p>Fresh Fruit & 100% Fruit Juice</p>	
<p>31</p> <p>Whole Grain Fruit Loop Waffles</p> <p>Fresh Fruit & 100% Fruit Juice</p>					

Your Team
Katlyn Kirkpatrick, General Manager **Tom Krulack, Assistant Manager**
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Meal Prices
 Student Breakfast \$0.00
 Faculty Breakfast \$1.94



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



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Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>3</p> <p>Cheeseburger on a Roll Yogurt & Cheese Craveable</p> <p>FEATURED VEGGIES Green Beans</p>	<p>4</p> <p>Chicken Fajita Served with Cheddar, Sour Cream & Salsa Yogurt & Cheese Craveable</p> <p>FEATURED VEGGIES Buttered Corn</p>	<p>DR. SEUSS'S BIRTHDAY 5</p> <p>Green Eggs, & Ham Served with a Whole Grain Biscuit Yogurt & Cheese Craveable</p> <p>FEATURED VEGGIES Tri Tater Hash Brown</p>	<p>NATIONAL OREO DAY 6</p> <p>Whole Grain Pasta with Meat Sauce Yogurt & Cheese Craveable</p> <p>FEATURED VEGGIES Mixed Vegetables</p>	<p>7</p> <p>French Bread Pizza Yogurt & Cheese Craveable</p> <p>FEATURED VEGGIES California Vegetable Blend</p>	<p>What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, & chocolate,</p> <p>Daily Alternates Craveables Weekly Cold Cut Sandwiches or Wraps</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>
<p>NATIONAL MEATBALL DAY 10</p> <p>Asian Meatball Served with Brown Rice Italian Style Sandwich</p> <p>FEATURED VEGGIES Broccoli</p>	<p>11</p> <p>Walking Taco Italian Style Sandwich</p> <p>FEATURED VEGGIES Buttered Corn</p>	<p>12</p> <p>BBQ Rib Sandwich Italian Style Sandwich</p> <p>FEATURED VEGGIES Green Beans</p>	<p>NATIONAL CORN DOG DAY 13</p> <p>Mini Corn Dog Nuggets Italian Style Sandwich</p> <p>FEATURED VEGGIES Baked Beans</p>	<p>14</p> <p>Stuffed Crust Pizza Italian Style Sandwich</p> <p>FEATURED VEGGIES Mixed Vegetables</p>	
<p>17</p> <p>Hot Dog on a Roll Breadstick Dipper Craveable</p> <p>FEATURED VEGGIES Mini Potato Pancakes</p>	<p>18</p> <p>General Tso's Chicken Served with Brown Rice Breadstick Dipper Craveable</p> <p>FEATURED VEGGIES Broccoli</p>	<p>NATIONAL RAVIOLI DAY 19</p> <p>Cheese Ravioli with Marinara & Dinner Roll Breadstick Dipper Craveable</p> <p>FEATURED VEGGIES Green Beans</p>	<p>20</p> <p>Chicken Nuggets Served with a Dinner Roll Breadstick Dipper Craveable</p> <p>FEATURED VEGGIES Mixed Vegetables</p>	<p>21</p> <p>Mini Personal Pizza Breadstick Dipper Craveable</p> <p>FEATURED VEGGIES Carrots</p>	
<p>24</p> <p>Potato & Cheese Pierogi with Butter Turkey & Cheese on a Roll</p> <p>FEATURED VEGGIES Broccoli</p>	<p>NATIONAL CRUNCHY TACO DAY 25</p> <p>Crunchy Beef Tacos Turkey & Cheese on a Roll</p> <p>FEATURED VEGGIES Buttered Corn</p>	<p>26</p> <p>Meatloaf Served with Mashed Potato & Gravy Turkey & Cheese on a Roll</p> <p>FEATURED VEGGIES Mixed Vegetable</p>	<p>27</p> <p>Hot Ham & Cheese Served on a Pretzel Roll Turkey & Cheese on a Roll</p> <p>FEATURED VEGGIES Green Beans</p>	<p>28</p> <p>Italian Dunks Served with Marinara Sauce for Dippin' Turkey & Cheese on a Roll</p> <p>FEATURED VEGGIES Carrots</p>	
<p>31</p> <p>Popcorn Chicken Served with a Dinner Roll Nacho Craveable</p> <p>FEATURED VEGGIES Seasoned Peas</p>					

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 Faculty Lunch \$4.73



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