



Monday	Taco Tuesday	Wednesday	Thursday	Friday
<p>29</p> <p>Entrée General Tso Chicken Over Steamed Rice</p> <p>FEATURED VEGGIES Steamed Broccoli Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>30</p> <p>Entrée Walking Taco Topping Bar</p> <p>FEATURED VEGGIES Steamed Corn Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>31</p> <p>Entrée Philly Cheesesteak Lettuce, Tomato & Marinara Sauce</p> <p>FEATURED VEGGIES Mixed Vegetables Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>1</p> <p>Entrée Buffalo Chicken Dip with Tortilla Chips</p> <p>FEATURED VEGGIES Steamed Peas Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>2</p> <p>Entrée</p> <p>NO SCHOOL</p>
<p>5</p> <p>NO SCHOOL</p>	<p>6</p> <p>Entrée Nacho Grande Beef or Chicken Topping Bar Spanish Rice</p> <p>FEATURED VEGGIES Steamed Corn Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>7</p> <p>Entrée Italian Dunkers with Marinara Dipping Sauce</p> <p>FEATURED VEGGIES Steamed Green Beans Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>8</p> <p>Entrée Loaded Pierogies Dinner Roll</p> <p>FEATURED VEGGIES Glazed Carrots Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>9</p> <p>Entrée Chicken Fajita's Soft Shell Tortilla w/ Topping Bar</p> <p>FEATURED VEGGIES Mixed Vegetables Choice of Vegetable Choice of Fruit Choice of Milk</p>
<p>12</p> <p>Entrée Italian Meatball & Cheese Hoagie</p> <p>FEATURED VEGGIES Steamed Peas Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>13</p> <p>Entrée Walking Taco Topping Bar</p> <p>FEATURED VEGGIES Steamed Corn Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>14</p> <p>Entrée Macaroni & Cheese Dinner Roll</p> <p>FEATURED VEGGIES Steamed Green Beans Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>15</p> <p>Entrée Twin Hot Dog Bar Chili & Cheese Assorted Toppings</p> <p>FEATURED VEGGIES Baked Beans Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>16</p> <p>Entrée Breakfast For Lunch Sausage, Egg & Cheese on a Glazed Donut</p> <p>FEATURED VEGGIES Hash Brown Patty Choice of Vegetable Choice of Fruit Choice of Milk</p>
<p>19</p> <p>Entrée Indian Butter Chicken Over Steamed Rice</p> <p>FEATURED VEGGIES Steamed Broccoli Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>20</p> <p>Entrée Nacho Grande Beef or Chicken Topping Bar Spanish Rice</p> <p>FEATURED VEGGIES Steamed Corn Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>21</p> <p>Entrée Texas Toast Grilled Cheese Tomato Soup</p> <p>FEATURED VEGGIES Mixed Vegetables Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>22</p> <p>Entrée Cheese Ravioli Marinara Sauce Garlic Bread Stick</p> <p>FEATURED VEGGIES Steamed Green Beans Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>23</p> <p>Entrée Buffalo Chicken Jacked Up Fries French Fries with Buffalo Chicken</p> <p>FEATURED VEGGIES Baked French Fries Choice of Vegetable Choice of Fruit Choice of Milk</p>
<p>26</p> <p>Entrée Chicken Parmesan Sandwich</p> <p>FEATURED VEGGIES Steamed Peas Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>27</p> <p>Entrée Walking Taco Topping Bar Dinner Roll</p> <p>FEATURED VEGGIES Steamed Corn Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>28</p> <p>Entrée Pasta Bar Choice of Chicken Alfredo or Meatballs Marinara Garlic Bread</p> <p>FEATURED VEGGIES Green Beans Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>29</p> <p>Entrée Italian Dunkers with Marinara Dipping Sauce</p> <p>FEATURED VEGGIES Mixed Vegetables Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>30</p> <p>Entrée Buffalo Chicken Cheesesteak Hoagie</p> <p>FEATURED VEGGIES Steamed Carrots Choice of Vegetable Choice of Fruit Choice of Milk</p>

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:
 Cheese Burger on a Bun
 Chicken Patty on a Bun
 Spicy Chicken Patty on a Bun
 Cheese or Pepperoni Pizza



Chef's Salad w/ Roll
 Breaded Chicken Salad w/ Roll
 Chicken Caesar Salad w/ Roll
 Strawberry Spinach Salad w/ Roll
Assorted Wraps and Hoagies Daily

Lunch Prices:
Student \$0.00

Tracy Drank
 General Manager
 Ryan Shissler
 Assistant Manager
MA1108@Metzcorp.com
 570-825-5588

USDA is an equal opportunity provider and employer.

