

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
			1 Sausage, Egg, & Cheese Breakfast Burrito  Assorted Cereals or Cereal Bar with Graham Crackers	2 <b>NO SCHOOL</b>  <b>IN SERVICE DAY</b>	<b>What is a Meal?</b> You must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.  <b>Whole Grain Cereals May Include:</b> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, & chocolate,  <b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> <b>(VG) Vegan</b> <i>These items do not contain any animal products</i>
5 Pillsbury Apple Frudel  Assorted Cereals or Cereal Bar with Graham Crackers	6 French Toast Served with Maple Syrup  Assorted Cereals or Cereal Bar with Graham Crackers	7 Sausage, Egg, & Cheese Pizza Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	8 Mini Strawberry Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	9 Purple Berry Blast Breakfast Smoothie  Assorted Cereals or Cereal Bar with Graham Crackers	
12 Pancake & Sausage on a Stick  Assorted Cereals or Cereal Bar with Graham Crackers	13 Egg & Cheese Breakfast Sandwich  Assorted Cereals or Cereal Bar with Graham Crackers	14 Eggoji Waffles Served with Sausage & Maple Syrup  Assorted Cereals or Cereal Bar with Graham Crackers	15 Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	16 Strawberry Blitz Breakfast Smoothie  Assorted Cereals or Cereal Bar with Graham Crackers	
19 Whole Grain Dutch Waffle  Assorted Cereals or Cereal Bar with Graham Crackers	20 Cheesy Scrambled Eggs Served with a Mini Biscuit  Assorted Cereals or Cereal Bar with Graham Crackers	21 <b>STRAWBERRIES &amp; CREAM DAY</b> Strawberries & Cream Breakfast Smoothie  Assorted Cereals or Cereal Bar with Graham Crackers	22 Strawberry Cream Cheese Filled Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	23 Cinnamon Toast Crunch Bread  Assorted Cereals or Cereal Bar with Graham Crackers	
26 <b>NO SCHOOL</b>  <b>MEMORIAL DAY</b>	27 Cinnamon Toast Crunch Mini French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	28 Sausage, Egg, & Cheese Croissant Sandwich  Assorted Cereals or Cereal Bar with Graham Crackers	29 Chef's Choice  Assorted Cereals or Cereal Bar with Graham Crackers	30 Chef's Choice  Assorted Cereals or Cereal Bar with Graham Crackers	
<b>Your Team</b> Katlyn Kirkpatrick, General Manager 570-825-5588 <a href="mailto:ma1108@metzcorp.com">ma1108@metzcorp.com</a> Tom Krulack, Assistant Manager <a href="mailto:ma1108assist@metzcorp.com">ma1108assist@metzcorp.com</a>			<b>Meal Prices</b> Student Breakfast \$0.00 Faculty Breakfast \$1.94		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



