


Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Whole Grain Dutch Waffle  Assorted Cereals or Cereal Bar with Graham Crackers	2 <b>NATIONAL BURRITO DAY</b> Sausage, Egg, & Cheese Breakfast Burrito  Assorted Cereals or Cereal Bar with Graham Crackers	3 Ham, Egg, & Cheese Hash Brown Casserole  Assorted Cereals or Cereal Bar with Graham Crackers	4 Purple Berry Blast Breakfast Smoothie  Assorted Cereals or Cereal Bar with Graham Crackers	<p><b>What is a Meal?</b> You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Whole Grain Cereals May Include:</b> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free white, &amp; chocolate,</p> <p><b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b> <i>These items do not contain any animal products</i></p>
7 Pillsbury Apple Frudel  Assorted Cereals or Cereal Bar with Graham Crackers	8 Sausage, Egg, & Cheese Croissant Sandwich  Assorted Cereals or Cereal Bar with Graham Crackers	9 Mini Maple Waffles  Assorted Cereals or Cereal Bar with Graham Crackers	10 French Toast Sticks Served with Maple Syrup  Assorted Cereals or Cereal Bar with Graham Crackers	11 Tropical Blueberry Bash Breakfast Smoothie  Assorted Cereals or Cereal Bar with Graham Crackers	
14 Sausage, Egg, & Cheese Pizza Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	15 Pancake & Sausage on a Stick  Assorted Cereals or Cereal Bar with Graham Crackers	16 <b>NO SCHOOL</b>  <b>IN SERVICE DAY</b>	17 <b>NO SCHOOL</b>  <b>SPRING BREAK</b>	18 <b>NO SCHOOL</b>  <b>SPRING BREAK</b>	
21 <b>NO SCHOOL</b>  <b>SPRING BREAK</b>	22 <b>NO SCHOOL</b>  <b>SPRING BREAK</b>	23 Eggoji Waffle Served with Sausage & Maple Syrup  Assorted Cereals or Cereal Bar with Graham Crackers	24 Egg, & Cheese Croissant Sandwich  Assorted Cereals or Cereal Bar with Graham Crackers	25 Strawberries Blitz Breakfast Smoothie  Assorted Cereals or Cereal Bar with Graham Crackers	
28 Blueberry Mini Waffles Served with Maple Syrup  Assorted Cereals or Cereal Bar with Graham Crackers	29 Cheesy Scrambled Eggs Served with a Biscuit  Assorted Cereals or Cereal Bar with Graham Crackers	30 Whole Grain Dutch Waffle  Assorted Cereals or Cereal Bar with Graham Crackers			
<p><b>Your Team</b> Katlyn Kirkpatrick, General Manager 570-825-5588 <a href="mailto:ma1108@metzcorp.com">ma1108@metzcorp.com</a> Tom Krulack, Assistant Manager <a href="mailto:ma1108assist@metzcorp.com">ma1108assist@metzcorp.com</a></p>			<p><b>Meal Prices</b> Student Breakfast \$0.00 Faculty Breakfast \$1.94</p>		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
					<b>What is a Meal?</b> You must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.  <b>Choice of Vegetable</b> Hot vegetable, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, & chocolate  <b>Daily Alternates</b> Fresh Entree Salad Craveables Weekly Cold Cut Sandwiches or Wraps  <b>Gourmet Pizza Selections</b> Chicken Patty Sandwich Spicy Chicken Patty Sandwich Hamburger or Cheeseburger
	1 Walking Taco  <b>FEATURED VEGGIES</b> Buttered Corn	2 General Tso Chicken Served with Brown Rice & Pork Egg Roll  <b>FEATURED VEGGIES</b> Stir Fry Vegetables	<b>STREET EATS</b> 3 <b>Bases Loaded Hot Dog</b> (All Beef Hot Dog with Cheddar Cheese Sauce, Bacon Bits & Green Onions)  <b>FEATURED VEGGIES</b> Tater Tots	4 Italian Dunkers Served with Marinara & Assorted Sauces  <b>FEATURED VEGGIES</b> Broccoli	
7 Nashville Hot Chicken Sandwich  <b>FEATURED VEGGIES</b> Sidewinder Fries	8 Chicken Fajitas Served with Peppers & Onions & Assorted Toppings  <b>FEATURED VEGGIES</b> Buttered Corn	<b>STREET EATS</b> 9 <b>Jalapeno Popper Dog</b> (All Beef Hot Dog Jalapeno Cream Cheese, Bacon Bits, Crispy Onions, & Jalapeno Peppers)  <b>FEATURED VEGGIES</b> Mixed Vegetables	10 Chicken & Potsticker Ramen Bowl Served with Bok Choy  <b>FEATURED VEGGIES</b> Broccoli	11 <b>GRILLED CHEESE DAY</b> Garlic Texas Toast Grilled Cheese Served with Tomato Soup  <b>FEATURED VEGGIES</b> Seasoned Peas	
14 BBQ Cowboy Cheeseburger  <b>FEATURED VEGGIES</b> Battered French Fries	15 Chicken Nachos Grande Served with Assorted Toppings  <b>FEATURED VEGGIES</b> Buttered Corn	16 <b>NO SCHOOL</b>  <b>IN SERVICE DAY</b>	17 <b>NO SCHOOL</b>  <b>SPRING BREAK</b>	18 <b>NO SCHOOL</b>  <b>SPRING BREAK</b>	
21 <b>NO SCHOOL</b>  <b>SPRING BREAK</b>	22 <b>NO SCHOOL</b>  <b>SPRING BREAK</b>	23 Teriyaki Meatballs Served with Brown Rice & Fortune Cookie  <b>FEATURED VEGGIES</b> Broccoli	<b>NATIONAL PICNIC DAY</b> 24 Hot Dog Served with House Pasta Salad & Watermelon Wedge  <b>FEATURED VEGGIES</b> French Fries	25 Chicken Alfredo over Whole Grain Penne Pasta Served with a Dinner Roll  <b>FEATURED VEGGIES</b> Sliced Carrots	
<b>STREET EATS</b> 28 <b>Dixie Dog</b> (All Beef Hot Dog with Pulled Pork, Coleslaw, BBQ sauce & Pickles)  <b>FEATURED VEGGIES</b> Waffle Fries	29 Soft Shell Tacos Served with Assorted Toppings  <b>FEATURED VEGGIES</b> Buttered Corn	<b>NATIONAL SCAMPI DAY</b> 30 Chicken Scampi Served with Whole Grain Buttered Egg Noodles  <b>FEATURED VEGGIES</b> Broccoli			
<b>Your Team</b> Katlyn Kirkpatrick, General Manager 570-825-5588 <a href="mailto:ma1108@metzcorp.com">ma1108@metzcorp.com</a>			<b>Meal Prices</b> Student Lunch \$0.00 Faculty Lunch \$4.73		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

