

# HANOVER AREA SCHOOL DISTRICT Elementary School Lunch Menu



#### What is a Meal?

You must choose at least 3 of the 5 components available for the school

lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

> Meat or meat alternate Choice of Vegetable Choice of Fruit

#### Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes,

#### Beans/Peas

Starchy - white potatoes, corn,

and lima beans

cauliflower, green peppers, areen beans and cabbage

#### Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

#### **Lunch Prices**

Student \$0.00 Adult \$4.73

#### \*MENU SUBJECT TO CHANGE\*

**General Manager** 

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### Monday

#### **NO SCHOOL**

**SPRING BREAK** 

#### Tuesday

Chicken Nuggets with Dinner Roll

Ham & Cheese on a Roll

**Featured Veggies:** Seasoned Peas Fresh Vegetables Choice of Fruit Choice of Milk

### Wednesday

Whole Grain Pasta with Meat Sauce

Ham & Cheese

on a Roll **Featured Veggies:** 

Italian Vegetable Blend Fresh Vegetables Choice of Fruit Choice of Milk

### **Thursday**

Mini Corn Dog Nuggets

Ham & Cheese on a Roll

**Featured Veggies:** Mixed Vegetable Fresh Vegetables Choice of Fruit Choice of Milk

### Pizza Friday!

5

Personal Cheese Pizza

Ham & Cheese on a Roll

### **Featured Veggies:**

**Buttered Corn** Fresh Vegetables Choice of Fruit Choice of Milk

tomatoes, red peppers

Other Vegetables: celery sticks, cucumbers,

Katlyn Kirkpatrick

### **Assistant Manager**

**Featured Veggies:** Green Beans Fresh Vegetables

Cheeseburger on a Bun

#### **Turkey & Cheese** Craveable

**Featured Veggies:** California Veggie Blend Fresh Vegetables Choice of Fruit Choice of Milk

15

Chicken Patty

on a Roll

**Yogurt & Cheese** 

Craveable

**Featured Vegaies:** 

Green Beans

Fresh Vegetables

Choice of Fruit

Choice of Milk

Sloppy Joe

on a Roll

Italian style Sandwich

on a Roll

Featured Veggies:

California Vegetable Blend

Fresh Vegetables

Choice of Fruit

Choice of Milk

Chicken Patty

on a Bun

**Nacho Craveable** 

Choice of Fruit

Choice of Milk

Chicken Fries Dinner Roll

#### **Turkey & Cheese** Craveable

**Featured Veggies:** Buttered Corn Fresh Vegetables Choice of Fruit Choice of Milk

16

Walking

Taco

Yogurt & Cheese

Craveable

**Featured Veggies:** 

**Buttered Corn** 

Fresh Vegetables

Choice of Fruit

Choice of Milk

Pancakes & Sausage Served with Syrup

10

### **Turkey & Cheese** Craveable

**Featured Veggies:** Green Beans Fresh Vegetables Choice of Fruit Choice of Milk

17

Hot Dog

on a Roll

Yogurt & Cheese

Craveable

**Featured Veggies:** 

**Baked Beans** 

Fresh Vegetables

Choice of Fruit

Choice of Milk

French Toast Sticks

with Sausage & Syrup

Italian style Sandwich

on a Roll

**Featured Veggies:** 

Green Beans

Fresh Vegetables

Choice of Fruit

Choice of Milk

### 11

Meatball Hoagie

### **Turkey & Cheese** Craveable

**Featured Veggies:** Seasoned Peas Fresh Vegetables Choice of Fruit Choice of Milk

### 12

Cheese Stuffed Breadstick with Marinara Sauce

#### **Turkey & Cheese** Craveable

**Featured Veggies:** Sliced Carrots Fresh Vegetables Choice of Fruit Choice of Milk

### 18 Macaroni

& Cheese **Yogurt & Cheese** 

## Craveable

**Featured Veggies:** Mixed Vegetables Fresh Vegetables

Choice of Fruit Choice of Milk

19 Cheese Pizza

Yogurt & Cheese Craveable

### **Featured Veggies:**

Sliced Carrots Fresh Vegetables Choice of Fruit Choice of Milk

25 Cheeseburger on a Roll

Italian style Sandwich on a Roll

## **Featured Veggies:**

Italian Vegetable Blend Fresh Vegetables Choice of Fruit Choice of Milk

### **26**

French Bread Pizza

Italian style Sandwich on a Roll

#### **Featured Veggies:**

Sliced Carrots Fresh Vegetables Choice of Fruit Choice of Milk

## 3

DAY

**NO SCHOOL** 

## IN - SERVICE

23 Popcorn Chicken with a Dinner Roll

Italian style Sandwich

### on a Roll **Featured Veggies:**

**Buttered Corn** Fresh Vegetables

Choice of Fruit Choice of Milk

30 BBQ Rib Sandwich

## Nacho Craveable **Featured Veggies:**

Buttered Corn Fresh Vegetables Choice of Fruit Choice of Milk

Salisbury Steak with Gravy & Dinner Roll Nacho Craveable

## **Featured Veggies:**

Italian Vegetable Blend Fresh Vegetables Choice of Fruit Choice of Milk

## Penne Pasta with

Alfredo Sauce Nacho Craveable

## **Featured Veggies:**

Mixed Vegetable Fresh Vegetables Choice of Fruit Choice of Milk