



High School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Dutch Waffle</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>3</p> <p>Ham, Egg & Cheese Egg & Cheese On English Muffin</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>4</p> <p>Breakfast Pizza</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>5</p> <p>Ham, Egg & Cheese Egg & Cheese On English Muffin</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>6</p> <p>NO SCHOOL</p>
<p>9</p> <p>Belgian Waffles</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>10</p> <p>Ham, Egg & Cheese Egg & Cheese On English Muffin</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>11</p> <p>Pancake & Sausage On a Stick</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>12</p> <p>Ham, Egg & Cheese Egg & Cheese On English Muffin</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>13</p> <p>Warm Cinni Mini</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>
<p>16</p> <p>Dutch Waffle</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>17</p> <p>Ham, Egg & Cheese Egg & Cheese On English Muffin</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>18</p> <p>Breakfast Pizza</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>19</p> <p>Ham, Egg & Cheese Egg & Cheese On English Muffin</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>20</p> <p>Warm Glazed Donut</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>
<p>23</p> <p>Belgian Waffles</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>24</p> <p>Ham, Egg & Cheese Egg & Cheese On English Muffin</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>25</p> <p>Pancake & Sausage On a Stick</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>26</p> <p>Ham, Egg & Cheese Egg & Cheese On English Muffin</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>27</p> <p>Warm Cinni Mini</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>
<p>30</p> <p>NO SCHOOL MEMORIAL DAY</p>	<p>31</p> <p>Ham, Egg & Cheese Egg & Cheese On English Muffin</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>1</p> <p>Chef's Choice</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>2</p> <p>Chef's Choice</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>	<p>3</p> <p>Chef's Choice</p> <p>Assorted Fruits Assorted 100% Fruit Juice Choice of Milk</p>

What is a Meal?

You must choose at least 3 of the 4 components available for the school Breakfast price.

Choice of: Grain or Grain/Protein

Choice of Fruit or Vegetable
(must take at least 1/2 cup)
and

Choice of Milk

1% White Milk or Fat Free
Chocolate Milk

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears,
Peaches, Cantaloupe, Melon,
Strawberries, Applesauce, Pineapple,
100% Fruit Juices, and Mandarin Oranges

Whole Grain Cereal Selection May
Include:

Cinnamon Toast Crunch
Trix Cereal
Kix Cereal
Cocoa Puffs
Cheerios
Fruit Loops
Frosted Flakes

Breakfast Prices:

Student: \$0.00
Adult: \$1.80

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