

March  
2024



# HANOVER AREA SCHOOL DISTRICT

## Elementary School Lunch Menu



**Metz**  
CULINARY MANAGEMENT

### What is a Meal?

You must choose at least 3 of the 5 components available for the school

lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

### Weekly Vegetable Subgroups May Include:

**Dark green** - spinach, broccoli, romaine and spring salad

**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers

**Beans/Peas**

**Starchy** - white potatoes, corn, and lima beans

**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

### Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

### Lunch Prices

Student \$0.00

Adult \$4.73

**\*MENU SUBJECT TO CHANGE\***

### General Manager

Katlyn Kirkpatrick

### Assistant Manager

Tom Krulack

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## Monday

**4**

Cheeseburger on a Bun  
(OR)

**Turkey & Cheese on a Roll**

**Featured Veggies:**  
California Veggie Blend  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**11**

Chicken Patty on a Roll  
(OR)

**Yogurt & Cheese Craveable**

**Featured Veggies:**  
Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**18**

Sloppy Joe on a Roll  
(OR)

**Italian style Sandwich on a Roll**

**Featured Veggies:**  
Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**25**

Chicken Patty on a Bun  
(OR)

**Build your own Pizza Craveable**

**Featured Veggies:**  
Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**1**

**NO SCHOOL**

**SPRING BREAK**

## Tuesday

**5**

Chicken Fries  
Dinner Roll  
(OR)

**Turkey & Cheese on a Roll**

**Featured Veggies:**  
Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**12**

Walking Taco  
(OR)

**Yogurt & Cheese Craveable**

**Featured Veggies:**  
Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**19**

Popcorn Chicken with a Dinner Roll  
(OR)

**Italian style Sandwich on a Roll**

**Featured Veggies:**  
California Vegetable Blend  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**26**

BBQ Rib Sandwich  
(OR)

**Build your own Pizza Craveable**

**Featured Veggies:**  
Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**2**

Chicken Nuggets with Dinner Roll  
(OR)

**Ham & Cheese on a Roll**

**Featured Veggies:**  
Seasoned Peas  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

## Wednesday

**6**

Pancakes & Sausage  
Served with Syrup  
(OR)

**Turkey & Cheese on a Roll**

**Featured Veggies:**  
Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**13**

Cheeseburger on a Roll  
(OR)

**Yogurt & Cheese Craveable**

**Featured Veggies:**  
Italian Vegetable Blend  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**20**

French Toast Sticks with Sausage & Syrup  
(OR)

**Italian style Sandwich on a Roll**

**Featured Veggies:**  
Green Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**27**

**NO SCHOOL**

**IN SERVICE DAY**

**3**

Whole Grain Pasta with Meat Sauce  
(OR)

**Ham & Cheese on a Roll**

**Featured Veggies:**  
Italian Vegetable Blend  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

## Thursday

**7**

Corn Dog on a stick  
(OR)

**Turkey & Cheese on a Roll**

**Featured Veggies:**  
Seasoned Peas  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**14**

Macaroni & Cheese  
(OR)

**Yogurt & Cheese Craveable**

**Featured Veggies:**  
Mixed Vegetables  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**21**

Hot Dog on a Roll  
(OR)

**Italian style Sandwich on a Roll**

**Featured Veggies:**  
Baked Beans  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**28**

**NO SCHOOL**

**SPRING BREAK**

**4**

Chicken Tenders with Dinner Roll  
(OR)

**Ham & Cheese on a Roll**

**Featured Veggies:**  
Mixed Vegetable  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

## Pizza Friday!

**8**

Cheese Stuffed Bread Sticks  
(OR)

**Turkey & Cheese on a Roll**

**Featured Veggies:**  
Sliced Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**15**

Cheese Pizza  
(OR)

**Yogurt & Cheese Craveable**

**Featured Veggies:**  
Sliced Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**22**

French Bread Pizza  
(OR)

**Italian style Sandwich on a Roll**

**Featured Veggies:**  
Sliced Carrots  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk

**29**

**NO SCHOOL**

**SPRING BREAK**

**5**

Personal Cheese Pizza  
(OR)

**Ham & Cheese on a Roll**

**Featured Veggies:**  
Buttered Corn  
Fresh Vegetables  
Choice of Fruit  
Choice of Milk