

May



Hanover Area School District
JR/SR Lunch Menu

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas

Starchy - potatoes, corn, peas & lima beans

Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch at Home

Daily entrée options may include:

Monday: Plain or Spicy Chicken Patty on a Bun
Tuesday: Hamburger or Cheeseburger on a Bun
Wednesday: Plain or Spicy Chicken Patty on a Bun
Thursday: Hamburger or Cheeseburger on a Bun

UP FOR GRABS

Chicken Caesar Salad with Dinner Roll
Buffalo chicken Salad with Dinner Roll
Chopped Garden Salad with Dinner Roll
Garden Salad with Dinner Roll

Assorted Sandwich & Wraps

Lunch Prices
Student \$0.00
Reduced \$0.00
Adult \$3.70

General Manager

Tracy Drank

Assitant Manager

Tina Barber

570-825-5588

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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5/3/21</p> <p>BBQ Rib on a Bun</p> <p>Featured Vegetables: Steamed Broccoli Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>5/4/21</p> <p>Pulled Pork BBQ on a Bun</p> <p>Featured Vegetables: Baked Beans Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>5/5/21</p> <p>Walking Taco Topping Bar</p> <p>Featured Vegetables: Steamed Corn Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>5/6/21</p> <p>Buffalo Chicken Cheesesteak</p> <p>Featured Vegetables: Steamed Carrots Choice of Vegetable Choice of Fruit Choice of Milk</p>	
<p>5/10/21</p> <p>Cheese Ravioli with Marinara Sauce Garlic Bread Stick</p> <p>Featured Vegetables: Steamed Peas Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>5/11/21</p> <p>Seasame Chicken & Vegetable Lo Mein</p> <p>Featured Vegetables: Steamed Broccoli Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>5/12/21</p> <p>Meatball Hoagie</p> <p>Featured Vegetables: Mixed Vegetables Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>5/13/21</p> <p>Corn Dog Nuggets</p> <p>Featured Vegetables: Steamed Green Beans Choice of Vegetable Choice of Fruit Choice of Milk</p>	
<p>5/17/21</p> <p>Cheese Ravioli with Marinara Sauce Garlic Bread Stick</p> <p>Featured Vegetables: Steamed Peas Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>05/18/2021</p> <p>Seasame Chicken & Vegetable Lo Mein</p> <p>Featured Vegetables: Steamed Broccoli Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>05/19/2021</p> <p>Meatball Hoagie</p> <p>Featured Vegetables: Mixed Vegetables Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>05/20/2021</p> <p>Corn Dog Nuggets</p> <p>Featured Vegetables: Steamed Green Beans Choice of Vegetable Choice of Fruit Choice of Milk</p>	
<p>05/24/2021</p> <p>Popcorn Chicken Mashed Potatoes Gravy & Dinner Roll</p> <p>Featured Vegetables: Steamed Corn Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>05/25/2021</p> <p>Cheesesteak Hoagie</p> <p>Featured Vegetables: Steamed Green Beans Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>05/26/2021</p> <p>Italian Dunkers Marinara Sauce</p> <p>Featured Vegetables: Mixed Vegetables Choice of Vegetable Choice of Fruit Choice of Milk</p>	<p>05/27/2021</p> <p>Italian Sausage Peppers and Onions</p> <p>Featured Vegetables: Steamed Broccoli Choice of Vegetable Choice of Fruit Choice of Milk</p>	
				<p>05/28/2021</p>