



MAY
2021

HANOVER SCHOOL DISTRICT
ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME!

DAILY ALTERNATES.



Craveable :

Uncrustable Sandwich

Cheesestick

Goldfish Cracker

Weekly Cold Cut Sandwich

Nutritious Friends

Look for our Nutritious Friend of the Month on the menu!!

This Month.....

Lunch Prices

Student \$0.00

Reduced \$0.00

Adult \$3.75

General Manager

Tracy Drank

Assistant Manager

Tina Barber

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USDA is an equal opportunity provider and employer.

Monday

3

Popcorn Chicken Bites
Dinner Roll
or
Turkey & Cheese Hoagie

Featured Veggies:
Steamed Broccoli
Choice of Vegetable
Choice of Fruit
Choice of Milk

Tuesday

4

Hot Dog on a Bun
or
Turkey & Cheese Hoagie

Featured Veggies:
Smiley Fries
Choice of Vegetable
Choice of Fruit
Choice of Milk

Wednesday

5

Breaded Chicken Patty
On a Bun
or
Turkey & Cheese Hoagie

Featured Veggies:
Mixed Vegetables
Choice of Vegetable
Choice of Fruit
Choice of Milk

Thursday

6

Italian Dunkers
Marinara Dipping Sauce
or
Turkey & Cheese Hoagie

Featured Veggies:
Steamed Carrots
Choice of Vegetable
Choice of Fruit
Choice of Milk

Friday

7

10

Popcorn Chicken Bites
Dinner Roll
or
Turkey & Cheese Hoagie

Featured Veggies:
Steamed Peas
Choice of Vegetable
Choice of Fruit
Choice of Milk

11

Hot Dog on a Bun
or
Turkey & Cheese Hoagie

Featured Veggies:
Smiley Fries
Choice of Vegetable
Choice of Fruit
Choice of Milk

12

Breaded Chicken Patty
On a Bun
or
Turkey & Cheese Hoagie

Featured Veggies:
Mixed Vegetables
Choice of Vegetable
Choice of Fruit
Choice of Milk

13

Italian Dunkers
Marinara Dipping Sauce
or
Turkey & Cheese Hoagie

Featured Veggies:
Steamed Green Beans
Choice of Vegetable
Choice of Fruit
Choice of Milk

14

17

Breaded Chicken Nuggets
Dinner Roll
or
Italian Hoagie

Featured Veggies:
Steamed Peas
Choice of Vegetable
Choice of Fruit
Choice of Milk

18

Grilled Cheese Sandwich
or
Italian Hoagie

Featured Veggies:
Steamed Broccoli
Choice of Vegetable
Choice of Fruit
Choice of Milk

19

Cheeseburger on a Bun
or
Italian Hoagie

Featured Veggies:
Mixed Vegetables
Choice of Vegetable
Choice of Fruit
Choice of Milk

20

Cheese Pizza
or
Italian Hoagie

Featured Veggies:
Steamed Green Beans
Choice of Vegetable
Choice of Fruit
Choice of Milk

21

24

Breaded Chicken Nuggets
Dinner Roll
or
Italian Hoagie

Featured Veggies:
Steamed Corn
Choice of Vegetable
Choice of Fruit
Choice of Milk

25

Grilled Cheese Sandwich
or
Italian Hoagie

Featured Veggies:
Steamed Green Beans
Choice of Vegetable
Choice of Fruit
Choice of Milk

26

Cheeseburger on a Bun
or
Italian Hoagie

Featured Veggies:
Mixed Vegetable
Choice of Vegetable
Choice of Fruit
Choice of Milk

27

Cheese Pizza
or
Italian Hoagie

Featured Veggies:
Steamed Broccoli
Choice of Vegetable
Choice of Fruit
Choice of Milk

28

31

Memorial Day
No School